ESEM 26
Abu Dhabi - UAE 9-12 December 2026

Emirates Society of Emergency Medicine Conference

Conrad Abu Dhabi Etihad Towers, UAE

ORGANISED BY

شعبة الإمارات لطب الطوارئ
ESEM
EMIRATES SOCIETY OF EMERGENCY MEDICINE

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Convention & Exhibition Bureau

Pain Management in the Emergency Department

9 December 2026
8:00 AM - 5:00 PM (GMT +4)

Conrad Abu Dhabi Etihad Towers
Abu Dhabi, UAE

Workshop Directors

Anzal Rehman
UAE

Sergey Motov
USA

Elrasheed Salih
UAE

Faculty

Mahdis Seddiq
UAE

Mansoor Husain
UAE

Yara AlGoraini
Saudi Arabia

Nada Al Saeed
UAE

Workshop Objectives:

- Apply evidence-based, multimodal analgesia strategies in ED and acute care settings
- Prescribe opioids safely while applying opioid-sparing strategies to reduce overuse disorders
- Identify and avoid common medication-related harms in pain management
- Tailor pain management for high-risk and special populations (e.g. geriatric, pediatric, chronic pain, pregnant patients and sickle-cell disease patients)
- Effectively integrate newer and emerging analgesic modalities into ED practice
- Manage complex pain scenarios with clinical reasoning and compassionate communication
- Contribute to systems-based improvement in ED pain care
- Explore strategies to augment pain management practice in their respective institutions

Target Audience:

Emergency Medicine | Anesthesia | Acute Medicine / Internal Medicine | General Surgery and Trauma | Family Medicine (urgent care) | ICU & Critical Care | EMS and prehospital providers

Program

Start - End	Title	Faculty
Time	Session Title	Speaker / Faculty
07:30 – 08:00	Registration	
08:00 – 08:05	Welcome Message & Faculty Introduction	
08:05 – 08:20	I just cannot get enough pain relief — Pitfalls in Acute Back Pain in the ED	Mahdis Seddiq (UAE)
08:20 – 08:35	Doc, would it work as good as opioids? — The Role of Non-Opioid Adjuncts for ED Analgesia	Nada Al Saeed (UAE)
08:35 – 08:50	The Dark Side of Ketamine — Brain, Bladder, and Beyond	Sergey Motov (USA)
08:50 – 09:00	Q&A	
09:00 – 09:05	Internal Break	
09:05 – 09:20	It won't take your breath away — The Science of Intranasal/Nebulized Analgesia in the ED	Yara AlGoraini (Saudi Arabia)
09:20 – 09:35	Migraine Myths and Medication Mistakes — ED Headache Care	Mahdis Seddiq (UAE)
09:35 – 09:50	The Wolf in Mild-Opioid Clothing — Why Tramadol Is Not as Benign as We Think	Anzal Rehman (UAE)
09:50 – 10:00	Q&A	
10:00 – 10:30	Morning Coffee & Networking Break	
10:30 – 10:45	The Other Side of Pain Relief — Renal, GI, and Cardiovascular Risks of NSAIDs in the ED	Nada Al Saeed (UAE)
10:45 – 11:00	What We Miss in Older Adults — Pain, Bias, and Undertreatment	Mansoor Husain (UAE)
11:00 – 11:15	Between Relief and Risk — Navigating Analgesia Decisions for Pregnant Patients in the ED	Elrasheed Salih (UAE)
11:15 – 11:30	Comfort Without Trauma — Kid-Friendly ED Pain Strategies	Yara AlGoraini (Saudi Arabia)
11:30 – 11:40	Q&A	
11:40 – 11:45	Internal Break & Jeopardy Set-Up	
11:45 – 13:00	Pain Jeopardy!	Anzal Rehman (UAE) Elrasheed Salih (UAE)
13:00 – 14:00	Lunch Break	
14:00 – 14:15	Between a Rock and a Pain Clinic — Rational ED Care for Chronic Pain Patients	Elrasheed Salih (UAE)
14:15 – 14:30	What Else Is in the Syringe? — Evidence-Based Add-Ons to ED Nerve Blocks	Mansoor Husain (UAE)
14:30 – 15:30	Roundtable Discussions	Anzal Rehman (UAE) Sergey Motov (USA) Yara AlGoraini (Saudi Arabia)
15:30 – 16:00	Afternoon Break	
16:00 – 16:25	Fun! Fun! Fun!	3 Faculty Moderators
16:25 – 16:45	Recipes for Success — How to Create Pain-Optimized EDs?	Sergey Motov (USA) Mansoor Husain (UAE) Yara AlGoraini (Saudi Arabia) Elrasheed Salih (UAE)
16:45 – 17:00	Q&A and Group Photo	All Faculty
17:00	End of Workshop	

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