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International Federation
for Emergency Medicine



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Convention & Exhibition Bureau

ESEM 26
Abu Dhabi - UAE 9-12 December 2026

Emirates Society of Emergency Medicine Conference

Conrad Abu Dhabi Etihad Towers, UAE



Leadership and Clinical Excellence in Geriatric Emergency Medicine



9 December 2026
8:00 AM - 5:00 PM (GMT +4)



Conrad Abu Dhabi Etihad Towers
Abu Dhabi, UAE

Faculty



Rosa McNamara
Ireland



Danya Khoujah
Saudi Arabia



Farhat Mattoo
Saudi Arabia



Salama Al Neyadi
UAE



Venkat Kotamraju
UK



Arina Kruis
Ireland

Workshop Objectives



List three key differences in emergency care for older adults regarding:

falls assessment; general trauma; pain management; abdominal pain; delirium; and medication management



Describe a plan to integrate new learning into your daily ED practice



Establish a strategy to change clinical pathways in your home ED regarding the care of older patients



List five changes you would like to make in your home institution, from small to big, in creating a frailty service



Access resources and support to help you implement change

Target Audience



Doctors



Nurses



Health and social care professionals involved in frontline emergency care

Program

Part 1: Clinical Excellence in Older Person's Emergency Care

Start - End	Title	Faculty
08:00 – 08:30	Arrival and Welcome Coffee	—
08:30 – 08:45	Welcome & Introduction to the Event	Rosa McNamara, Ireland
	Logistics of the day / Concept behind the educational event	Salama Al Neyadi, UAE
08:45 – 09:00	Ice Breaker / Expectations	Venkat Kotamraju, UK
	Small-group discussions, followed by sharing with the wider group	Faculty at each table
09:00 – 09:20	Introduction to the Pathophysiology of Ageing and its Clinical Implications in EM	Arina Kruis, Ireland
09:20 – 09:35	Introduction to the Workshops	Rosa McNamara, Ireland

Workshop 1: GEM Trauma

09:35 – 11:20	Trauma and Frailty: An ABCDEF approach Venkat Kotamraju, UK Danya Khoujah, Saudi Arabia	Falls Rosa McNamara, Ireland Farhat Mattoo, Saudi Arabia	Pain Management Salama Al Neyadi, UAE Arina Kruis, Ireland
09:35 – 10:00	Group A	Group B	Group C
10:00 – 10:30	Coffee Break		
10:30 – 10:55	Group B	Group C	Group A
10:55 – 11:20	Group C	Group A	Group B

Workshop 2: GEM Care

11:20 – 12:35	Delirium Salama Al Neyadi, UAE Rosa McNamara, Ireland	Polypharmacy Danya Khoujah, Saudi Arabia Arina Kruis, Ireland	Abdominal Pain Farhat Mattoo, Saudi Arabia Venkat Kotamraju, UK
11:20 – 11:45	Group A	Group B	Group C
11:45 – 12:10	Group B	Group C	Group A
12:10 – 12:35	Group C	Group A	Group B
12:35 – 13:00	Reflection on Workshops Sharing take-home messages and how to apply them in their health system context Questions		All Faculty
13:00 – 14:00 Lunch Break			

Part 2: Clinical Excellence in Older Person's Emergency Care, Leadership and System Design

Start – End	Title	Faculty	
14:00 – 14:20	 Redesigning Emergency Care for the Ageing Population – A Strategic Vision	Farhat Mattoo, Saudi Arabia	
14:20 – 14:40	 Integrated Care Pathways – Building Frailty-Focused Emergency Systems	Venkat Kotamraju, UK	
Workshop 3: Mapping Your ED’s Readiness for Geriatric Care What Would Need to Change Locally?			
14:40 – 15:05	Group A	Group B	Group C
15:05 – 15:30	Sharing each group's outcome of the discussion. Sharing “take-home” messages Sharing knowledge, translation and application in their health system context/questions		All Faculty
15:30 – 16:00	Coffee Break		
16:00 – 16:20	Leading Geriatric ED Change - Behaviour, Culture and Metrics		Danya Khoujah, Saudi Arabia
16:20 – 16:45	From Ideas to Action: Developing First Steps and the Business Case for Change Facilitated Faculty Discussion		All Faculty
16:45 – 17:00	Wrap up of the event Thank you and take-home messages, next steps and actions. Group Photo		Rosa McNamara, Ireland

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