



International Federation
for Emergency Medicine



abu dhabi
Convention & Exhibition Bureau

ESEM-26
Abu Dhabi - UAE 9-12 December 2026

Emirates Society of Emergency Medicine Conference

Conrad Abu Dhabi Etihad Towers, UAE



6.3
CME HOURS

ACCREDITED BY
Department of Health
Abu Dhabi



8.75
CPD HOURS

APPROVED BY
Australasian College for
Emergency Medicine (ACEM)

Leadership and Clinical Excellence in Geriatric Emergency Medicine



9 December 2026

8:00 AM - 5:00 PM (GMT +4)



Conrad Abu Dhabi Etihad Towers
Abu Dhabi, UAE

Faculty



Rosa McNamara
Ireland



Danya Khoujah
Saudi Arabia



Farhat Mattoo
Saudi Arabia



Salama Al Neyadi
UAE



Venkat Kotamraju
UK



Arina Kruis
Ireland

Workshop Objectives



List three key
differences in
emergency care for
older adults
regarding:

falls assessment;
general trauma; pain
management;
abdominal pain;
delirium; and
medication
management



Describe a plan to
integrate new learning
into your daily ED
practice



Establish a strategy to
change clinical
pathways in your
home ED regarding
the care of older
patients



List five changes you
would like to make in
your home institution,
from small to big, in
creating a
frailty service



Access resources and
support to help you
implement change

Target Audience



Doctors



Nurses



Health and social care professionals involved in frontline emergency care

Program

Part 1: Clinical Excellence in Older Person's Emergency Care

Start - End	Title	Faculty
08:00 – 08:30	Arrival and Welcome Coffee	—
08:30 – 08:45	Welcome & Introduction to the Event Logistics of the day / Concept behind the educational event	Rosa McNamara, Ireland Salama Al Neyadi, UAE
08:45 – 09:00	Ice Breaker / Expectations Small-group discussions, followed by sharing with the wider group	Venkat Kotamraju, UK Faculty at each table
09:00 – 09:20	Introduction to the Pathophysiology of Ageing and its Clinical Implications in EM	Arina Kruis, Ireland
09:20 – 09:35	Introduction to the Workshops	Rosa McNamara, Ireland

Workshop 1: GEM Trauma

09:35 – 11:20	Trauma and Frailty: An ABCDEF approach Venkat Kotamraju, UK Danya Khoujah, Saudi Arabia	Falls Rosa McNamara, Ireland Farhat Mattoo, Saudi Arabia	Pain Management Salama Al Neyadi, UAE Arina Kruis, Ireland
09:35 – 10:00	Group A	Group B	Group C
10:00 – 10:30	Coffee Break		
10:30 – 10:55	Group B	Group C	Group A
10:55 – 11:20	Group C	Group A	Group B

Workshop 2: GEM Care

11:20 – 12:35	Delirium Salama Al Neyadi, UAE Rosa McNamara, Ireland	Polypharmacy Danya Khoujah, Saudi Arabia Arina Kruis, Ireland	Abdominal Pain Farhat Mattoo, Saudi Arabia Venkat Kotamraju, UK
11:20 – 11:45	Group A	Group B	Group C
11:45 – 12:10	Group B	Group C	Group A
12:10 – 12:35	Group C	Group A	Group B
12:35 – 13:00	Reflection on Workshops Sharing take-home messages and how to apply them in their health system context Questions		All Faculty
13:00 – 14:00 Lunch Break			

Part 2: Clinical Excellence in Older Person's Emergency Care, Leadership and System Design

Start – End	Title		Faculty	
14:00 – 14:20		Redesigning Emergency Care for the Ageing Population – A Strategic Vision	Farhat Mattoo, Saudi Arabia	
14:20 – 14:40		Integrated Care Pathways – Building Frailty-Focused Emergency Systems	Venkat Kotamraju, UK	
Workshop 3: Mapping Your ED’s Readiness for Geriatric Care What Would Need to Change Locally?				
14:40 – 15:05	Group A		Group B	Group C
15:05 – 15:30	Sharing each group's outcome of the discussion. Sharing “take-home” messages Sharing knowledge, translation and application in their health system context/questions			All Faculty
15:30 – 16:00	Coffee Break			
16:00 – 16:20	Leading Geriatric ED Change - Behaviour, Culture and Metrics			Danya Khoujah, Saudi Arabia
16:20 – 16:45	From Ideas to Action: Developing First Steps and the Business Case for Change Facilitated Faculty Discussion			All Faculty
16:45 – 17:00	Wrap up of the event Thank you and take-home messages, next steps and actions. Group Photo			Rosa McNamara, Ireland

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